



DONKEY DOUGHNUT INSTRUCTIONS

These 'doughnuts' are invaluable in helping prevent and heal wounds caused by ill-fitting tack. The cushion is made with a hole in the middle to allow the wound to heal and prevent the harness from coming into contact with the donkey's withers.

Different sizes are great to help the variety of horses and donkeys that we treat.

As a rough guide 19" square with an approx 5"x 7" oblong hole in the centre, obviously you can vary the sizes of cushion/centre hole to suit.

- 1) Cut out square of fabric the size you want
- 2) Place right sides together, stitch all round outside edge, but leave an opening big enough to get your hand in for stuffing, around 4". Overlock all raw edges for strength & to prevent fraying. **Please do not sew the centre hole just yet!**
- 3) After stitching all-round the outside & leaving your opening, turn right way THEN STITCH around centre circle turning edges in to stop fraying & stitch around & overlock too.
- 4) The cushion cover can now be sent to ACE who will add the stuffing and sew up the open edge.

Please do not send pre stuffed cushions to supporters visiting ACE as they take up too much valuable baggage space.

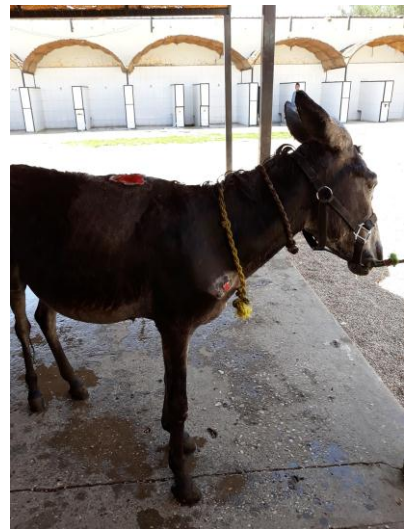
To get them out to Luxor please join our Facebook group 'ACE Supporters travelling to Luxor' or email supporter@ace-egypt.org.uk for details of a supporter who you can post them to.





An example of a doughnut ready to go to ACE in Luxor. They will be stuffed with cotton at the hospital.

This poor donkey has a large wound over his withers. This is exactly what the doughnut will assist in healing and even preventing.



Here is an example of where the doughnut will be used.

